










Lesson 1.2: Fatihah (cont'd)

I. Preview:

This lesson covers the following sections of Tafsir Ibn Kathir:

-  Al Fatihah and the Prayer
-  Explaining this Hadith
-  Reciting Al Fatihah is required in every Rakah of the Prayer
-  The Tafsir of Isti'adhah (seeking refuge)
-  Seeking refuge before reciting the Quran
-  Seeking refuge with Allah when one is Angry
-  Is the Isti'adhah (seeking refuge) required?
-  Virtues of Isti'adhah
-  What does Isti'adhah mean?

II. Read

1. Read over the list of sections covered in this lesson (above).
2. Read over the questions from the recall section before you read the assigned text.
3. Read Pages 47-57 of Volume I of Ibn Kathir's Tafsir.

III. Language

Terms to Know:

Isti'adhah _____

Refuge _____

After reading the assigned text, define the terms above.

IV. Recall

Answer the following questions in complete sentences:

1. When praying behind an imam, must we recite Fatihah even though he recites it? What is the proof?
2. What is a consequence of not reciting Fatihah in each rakah of prayer? State a proof to back up your answer.
3. What is the proof for seeking refuge with Allah before reciting the Quraan?
4. What should we utter when we are angry to calm ourselves down?
5. What do the majority of scholars state regarding whether or not the Isti'adhah is required before reciting Quraan?
6. List 4 virtues of reciting the Isti'adhah.
7. What does Isti'adhah basically mean?

V. Activities

- A. Write out the section headings that this lesson covers (see the Preview Section Above) in outline form.
- B. For your teacher, orally summarize or give the main points from each section that you learned. Before summarizing for your teacher, you should back and review the sections.

VI. Apply

1. Write out the Isti'adhah in Arabic and English 3x.
2. Have your teacher listen to you pronounce the Isti'adhah correctly (at least 5x)
3. Act out the beginning of your prayer to practice the Isti'adhah (starting with the Takbeer and stopping after reciting Fatihah and another surah). Do this 3-5x.

VII. Think About It!

- A. Here are many things in the dunya that we can seek refuge with from threatening, harmful, or unpleasant things, such as a policeman. Brainstorm some things that we can seek refuge with in the dunya and what we might be seeking refuge with them from.

Entity sought refuge with	Things we seek refuge from

- B. Look at your list above. Are the things that you can seek refuge in the Dunya able to protect you from everything? Are they able to protect you from Shaytan? No, they are limited in their ability to help you. Allah however is able to prevent the evil of Shaytan from touching you as well as everything and more that you listed in part A.
- C. Remember:
 - a. "The Isti'adhah is a form of drawing closer to Allah and seeking refuge with Him from the evil of every evil creature." (Tafsir, p. 56)
 - b. "Since Shaytan sees man where man cannot see him, it is befitting that the believers seek refuge from Shaytan with Whom Shaytan cannot see." (Tafsir, p.56)